40th Batch 2016/2017 10th Term (30/08/2021 – 26/11/2021) Psychiatry Lectures

Friday 3-4 pm, Uploaded to LMS

| Date | Lecture | Lecturer |
|------------|------------------------------------|----------|
| 03/09/2021 | Emotions, anger and anger | CS |
| | management | |
| 10/09/2021 | Stress and management of stress | CS |
| 22/10/2021 | Introduction to neurotic disorders | HR |
| 29/10/2021 | Phobias | HR |
| 05/11/2021 | Generalized Anxiety Disorder | HR |
| 12/11/2021 | Panic attack/disorder | HR |
| 19/11/2021 | Antidepressant medications | CGH |
| 26/11/2021 | Obsessive Compulsive Disorder | HR |

- Sol Head Department of Psychiatry 18/10/2021

Head Department of Psychiatry Faculty of Medicine University of Ruhuma Galle, Sri Lanka.